



THREE NOTCH TRAIL BACKCOUNTRY CAMPSITES

CAMPING AREA SIGN
Brush and small trees have been removed; no latrines, potable water, or other improvements.

FOOD PREPARATION AREA SIGN
Steel cable runs between two trees for hanging food bags away from animals. Cook, eat, and store food here.



CEDAR GROVE CAMPSITE

Camping Area — 15S 736919 4168623 (WGS84)

Food Preparation Area — 15S 736790 4168685 (WGS84)

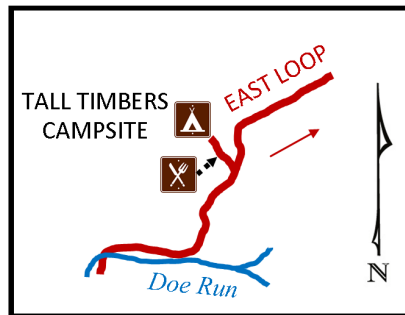
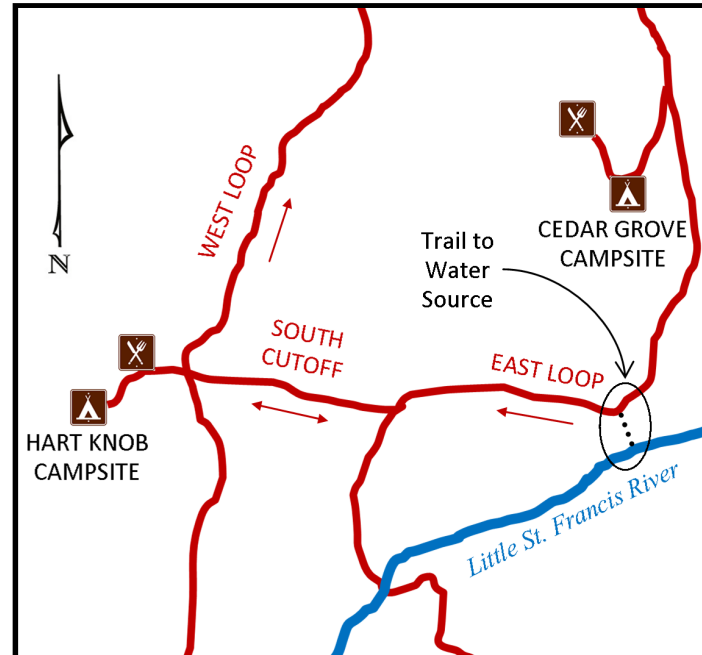
Water can be purified from Little St. Francis River. Follow the East Loop south to its bend west; continue south off the East Loop to the river.

HART KNOB CAMPSITE

Food Preparation Area — 15S 736417 4168470 (WGS84)

Camping Area — 15S 736385 4168439 (WGS84)

Water can be purified from Little St. Francis River. Follow the South Cutoff east and then the East Loop south to the river.



TALL TIMBERS CAMPSITE

Food Preparation Area — 15S 737814 4170256 (WGS84)

Camping Area — 15S 737790 4170294 (WGS84)

Dry campsite; there is no reliable water source in the area.

FOX COVE CAMPSITE

Camping Area — 15S 735723 4170319 (WGS84)

Food Preparation Area — 15S 735783 4170296 (WGS84)

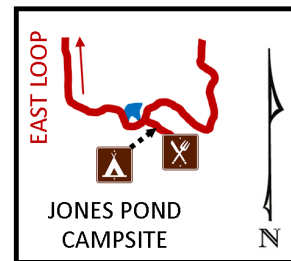
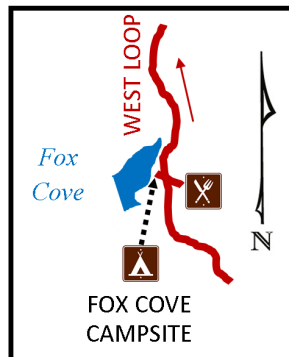
Water can be purified from Nims Lake at Fox Cove.

JONES POND CAMPSITE

Camping Area — 15S 738210 4171110 (WGS84)

Food Preparation Area — 15S 738240 4171095 (WGS84)

Water can be purified from Jones Pond. For better results, let raw water stand in a large container to allow suspended organic material to settle, pour off the clear water, then purify.



2013-10-17

THREE NOTCH TRAIL PREPARING FOR PHILMONT & HIGH-ADVENTURE

TRAIN FOR YOUR TREK AT S-BAR-F!

The Three Notch Trail System at the S bar F Scout Ranch offers ideal physical, leadership, and skills training for groups preparing for treks at the Philmont Scout Ranch or other high-adventure programs.

- ◆ Trail system — 21 miles of trails laid out as 2 connected loops
- ◆ Backcountry campsites — with Philmont-style food-bag-hanging cables
- ◆ Program opportunities — ropes course & rock climbing for crew development and fun
- ◆ Convenience — S bar F Scout Ranch is near and inexpensive

PHILMONT RECOMMENDS PREPARING BY...

THREE NOTCH TRAIL & S-F RANCH OFFER...

Hiking three 15-mile hikes with 2 overnights each	✓ System of trails & campsites offer many possibilities
Hiking one 5-day trek ≥ 30 miles	✗ Ranger program is week-long; doesn't do 30 miles
Training in a hilly area	✓ The Ranch sits in the rugged, hilly Ozarks
Training with a 35- to 50-pound pack	✓ Weekend backpack with personal & group gear share
Training at 6,500- to 12,500-foot elevations	✗ Our best offer is 750- to 990-foot elevations
Practicing Leave No Trace	✓ Select, use, & leave without a trace a bivouac site
Practicing backcountry navigation	✓ Backcountry offers on- and off-trail route-finding
Practicing with backpacking stoves	✓ Weekend backpack & 4 hot meal prep opportunities
Building crew leadership	✓ Build the crew with hikes & high/low ropes courses

Revised 2013-11-07

BUILDING YOUR TREK TRAINING PROGRAM

BUILD A BACKPACKING CREW

Plan and conduct weekend outings that involve short hikes with team-short 5-mile hikes and leadership- and team-building activities.

- ◆ Include a full day on Saturday building your crews cohesion and leadership skills in the low ropes course, high ropes course, or rock climbing programs.
- ◆ Include short, 5-mile hikes to begin physical training. Schedule this for Friday afternoon, or Sunday morning, or both. Use the Route Planning Map (facing page) and the Three Notch Trail Map & Guide to plan your hikes.

HONE YOUR CREW'S SKILLS

Plan and conduct weekend outings that build on your crew's physical- and team training, and add backpacking experience.

Example 15-mile, 2-night Routes:

- ◆ Begin at Castle Rock Parking Lot Trailhead; hike the East Loop to overnight at Cedar Grove Backcountry Campsite; hike the East Loop to the North Cutoff; take the North Cutoff to the West Loop; hike the West Loop to overnight at Hart Knob Backcountry Campsite; hike the East Loop to the trailhead. (14.9 miles)
- ◆ Begin at the stile on Highway OO; take the access trail to the East Loop; hike the East Loop to overnight at Jones Pond Backcountry Campsite; hike the East Loop to the North Cutoff; take the North Cutoff to the West Loop; hike the West Loop to the South Cutoff; take the South Cutoff to the East Loop; hike the East Loop to overnight at Tall Timbers Backcountry Campsite; hike the East Loop to Highway OO access trail; return to origin. (14.9 miles)

Add features that build skills, experience, and fun.

- ◆ Planning — itinerary, program, commissary, and duty rosters.
- ◆ Skills — backcountry navigation, geocaching, water purification, stove use and safety, campsite routine and hygiene, Leave No Trace practices, Philmont's Wilderness Pledge ethics.
- ◆ Include a full day on Saturday building your crew's cohesion and leadership skills in the low ropes course, high ropes course, or rock climbing programs.

USE YOUR RESOURCES

- ◆ Route Planning Map (facing page) and the Three Notch Trail Map & Guide
- ◆ Philmont Scout Ranch website
- ◆ Philmont crew advisor training through the Council High Adventure Committee
- ◆ Leave No Trace website
- ◆ Merit Badge Books: Backpacking, Hiking, Orienteering, Wilderness Survival, Cooking, First Aid, & Climbing
- ◆ Programs & facilities available at S bar F Scout Ranch — Ropes Challenge Course, Rock Climbing & Rappelling, canoeing, camping — reservations are required.

THREE NOTCH TRAIL

ROUTE PLANNING MAP

