

REQUIREMENTS

A. Identify the conditions that must exist before performing CPR on a person. Explain how such conditions are recognized.

B. Demonstrate proper technique for performing CPR on an adult mannequin for at least three minutes. This is not a certification. It is only intended to familiarize you with CPR.

Revised 12/06

I certify that

Scout _____
Name

Has satisfactorily completed the merit badge requirements as shown on the left side of this card. These requirements are applicable to the following Merit badges:

- | | |
|--------------|--------------------|
| Canoeing | Small-boat Sailing |
| Climbing | Swimming |
| Lifesaving | Waterskiing |
| Motorboating | Whitewater |
| Rowing | |

Instructor

Professional Certification

A SCOUT IS PREPARED!

**CPR EMERGENCY ACTION
PROCEDURE (EAP)**

1. CHECK scene, then CHECK person
2. Tap shoulder and shout "Are you O.K."
- 3.No response, CALL 9-1-1.
4. Open airway CHECK for signs of life (movement and breathing) for no more than 10 seconds.
- 5a. If not breathing, give 2 rescue breaths
- 5b. If breathing, place in the recovery position and monitor ABC's (Airway, Breathing and Circulation).
6. If breaths go in begin CPR (Give cycles of 30 chest compressions and 2 rescue breaths).



Scout's Name

Troop Number

Date (Expires 2 years from this date)

CPR PROGRESS CARD

Valid for Merit Badge purposes only

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